

*Eat Well, Live Long, Pass it on*

*Healthier Eating in the Home*

# **Eat Together Like the Old Days and Live Healthier**



[www.healthyfoodsnorth.ca](http://www.healthyfoodsnorth.ca)



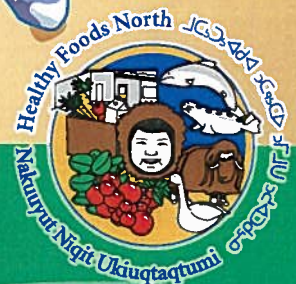
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Nirittiarit, inuukhaarit, aallanut atuqulugu

*Nirittiangraabvaritruun  
Iolambigut*

# Niriqatiriingniq Inggilraatitun Inuuhirittiaqlutinlu



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