

Eat Well, Live Long, Pass it on

Healthy Snacks

Choose a Dip that is Lower in Fat... Live a Long and Healthy Life!



Lard
13 grams
of fat



Mayonnaise
11 grams
of fat



Ranch
9 grams
of fat



Low fat mayo
5 grams
of fat



Light Ranch
3 grams
of fat



Salsa
0 traces
of fat



* Serving amount 1 tablespoon per dip



Nirittiarit, inuukhaarit, aallanut atuqulugu

Maknutqitat utqanittit

Piluaklugu urhuqaqpalaangitumik mihuraamik... Inuuraaqpaglutin naguuyumik!



Iggat
13 uqumailitaanga
urhup



Mayonnaise
11 uqumailitaanga
urhup



Ranchmik
*qaplunaatut taivagait
mamaqut*
9 uqumailitaanga
urhup



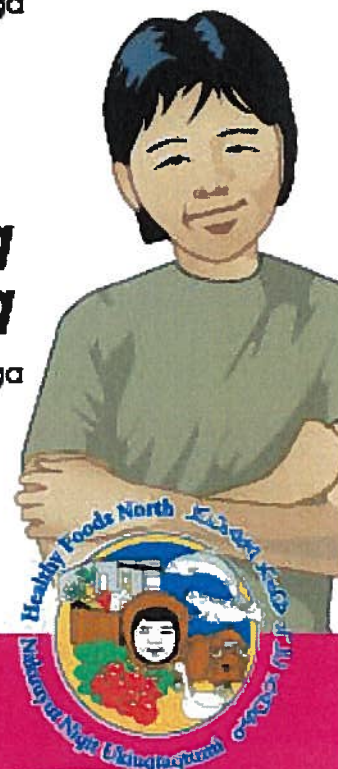
Urhuiyaqtauvyaghimayuaq
Mayo
5 uqumailitaanga
urhup



Urhuqaqluangituk
mamaqut
Ranchmik
qaplunaatut taivagait
3 uqumailitaanga
urhup



Uunaqtuq
mihuraaq
0 uqumailitaanga
urhup



* Atauhingmik aluunmut mihuraamit nirhiut

መሥሪያ ቤቅ ለሰራተኛዎቻችን ስራ ለማድረግ

በገንዘብ ልዩ ልዩ ስራ ማድረግ

መሥሪያ ቤቅ ለሰራተኛዎቻችን ስራ ለማድረግ
 ለሰራተኛዎቻችን ስራ ለማድረግ



ጋራ
13 ልዩ ልዩ
 ስራዎች



ገላጭ - ስራ ለማድረግ
11 ልዩ ልዩ
 ስራዎች



ስራ ለማድረግ
9 ልዩ ልዩ
 ስራዎች



ስራ ለማድረግ ስራ ለማድረግ
5 ልዩ ልዩ
 ስራዎች



ስራ ለማድረግ
3 ልዩ ልዩ
 ስራዎች



ስራ ለማድረግ ስራ ለማድረግ
0 ስራዎች



* ስራዎች ለሰራተኛዎቻችን ስራ ለማድረግ