

“Honour Your Health”

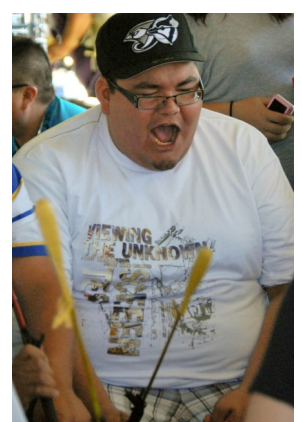


Track your sugar intake. Too much can cause diabetes.

**WHY
ACT
NOW**

Diabetes
can happen
to you.

Bad habits now can have a huge impact later.
Are you at risk?



Make the choice today to prevent it.



Facebook.com/WhyActNow



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