Financial benefits to family breastfeeding



- sickness
- Easy to digest

Bottle • Costs money - formula, bottles, nipples = \$1500 a year • Dirty bottles = Bacteria • Always carry formula & water • No antibodies to protect against infections and sickness • More gas and constipation

Breastfeeding • FREE save \$1500 per year • Always ready and fresh • Protects against infections and

• Helps mother lose weight • Creates a special bond • Protects both baby and mom from infections and cancers

